

Q12 (2012)



Promoted for and on behalf of Cycling Time Trials under their rules and regulations



KENT CYCLING ASSOCIATION

President Pat Hill

OPEN 12 HOUR TIME TRIAL

For Bicycles and Tricycles

Sunday 2nd September 2012

START SHEET



Course	Inter Dist	Cum Dist
Continue end of fifth circuit	9.133	251.899
Continue end of sixth circuit	9.133	261.032
Continue end of seventh circuit	9.133	270.165
Continue end of eighth circuit	9.133	279.298

ALTERNATIVE FINISHING CIRCUIT

Continue through Sugarloaf, Bromley Green to Magpie Hall Lane crossroads turn left through Stubbs Cross	3.016	209.25
to 'T' junction with A28 at New Street Farm	2.396	211.646
Turn left (care) to join the finishing circuit at Gable Hook Farm, junction of Bethersden Road to Shadoxhurst	1.428	213.074
START OF FINISHING CIRCUIT		213.074
Continue on A28 to Brissenden Oak	0.808	213.882
Left to Great Engeham cross roads	1.278	215.16
Straight on to Shireoak cross roads	1.174	216.334
Left to 'T' junction with Shadoxhurst Road	0.518	216.852
Left via Shadoxhurst Road, Woodchurch Road and Tally Ho Road to Stubbs Cross	3.267	220.119
Left into Magpie Hall Lane to New Street Farm A28 'T' junction	1.446	221.565
Left on A28 to complete one finishing circuit at Gable Hook Farm	1.429	222.994
Continue end of second circuit	9.92	232.914
Continue end of third circuit	9.92	242.834
Continue end of fourth circuit	9.92	252.754
Continue end of fifth circuit	9.92	262.674
Continue end of sixth circuit	9.92	272.594

Event Secretary:

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Timekeepers:

Paul Mepham
Pat & Ted Hill
Peter Baker & Bill Brown
Ian & Clarice Masterson
Roy Canning
Mick Kilby
Ernie Mackey
Peter Stone
Clin Maisey

Roving Marshal:

Tim Carpenter
Mobile: ☎07542 107927

Event H.Q. - Bethersden Village Hall. There are toilet facilities and ample parking.

PLEASE BE QUIET AT THE HALL IN THE MORNING

SIGNING ON SHEET, AND BODY NUMBERS WILL BE AT EVENT H.Q.

Please note that CTT Regulation 16 states that the number shall be centrally positioned



below the waist so as to be clearly visible from the rear when in his normal riding position.
Position number as shown

Please note that any rider whose number is not positioned correctly will not be allowed to start.

Notes

RIDERS

In the interests of your own safety, the C.T.T. and the event promoters strongly advise the use of a hard shell helmet that meets an internationally accepted safety standard.

It is the responsibility of each competitor who will be riding on the public highway before sunrise and finishing after sunset to ensure they have the appropriate lighting. Detailed information is available from the CTC web site.

The K.C.A committee recommend All riders carry LED rear lights.

Please take great care when navigating round-a-bouts. Riders should take careful note of the changes to the course, especially around Park Farm and Kingsnorth which now includes additional roundabouts .

You should note that there will not be marshals at every junction, but it is intended to place arrows around the course. However, You are responsible for ensuring that you follow the course correctly. Take Extra CARE at the RIGHT TURNS.

To reach the start from the H.Q. turn right from Bethersden Village Hall toward the A28 and then left on the A28 toward Ashford. Kiln Lane is the first turning on the left.

Riders should be aware that they risk disqualification for obstructing other riders at the start or on the finishing circuit or using these areas as a public toilet. Toilet facilities are available at the Event H.Q.

You must observe C.T.T. Regulation No 21.

Forms are enclosed so that you can register your support vehicle. The K.C.A. Committee will disqualify any rider guilty of infringing C.T.T. Regulation No 22. Attention is drawn specifically to paragraph (c) which states:

Where vehicles are to be authorised a full description of the vehicle and registration number shall be given to the event promoter prior to the start of the competitor. A competitor shall not be overtaken by his support vehicle more frequently than once every 10 miles. Where possible the vehicle must be driven at normal traffic speed and must not follow the competitor, nor impede or annoy other competitors. Any competitor whose authorised vehicle impedes or causes annoyance to any other competitor shall be liable to disqualification from the event.

Course	Inter Dist	Cum Dist
Take right turn prior to St Mary in the Marsh to join St. Mary's Road at 'T' junction where left to Turngates Bridge (Trelor)	3.121	172.487
Follow lane to Newchurch (care on bend).	2.448	174.935
Take first left on end of village to Poplar Farm junction	2.905	177.84
left to Ivychurch (end of Ivychurch circuit)	0.566	178.406
IVYCHURCH CIRCUIT (3)		
and onto the next left direction St. Mary in the Marsh.	1.127	179.533
Take right turn prior to St Mary in the Marsh to join St. Mary's Road at 'T' junction where left to Turngates Bridge (Trelor)	3.121	182.654
Follow lane to Newchurch (care on bend).	2.448	185.102
Take first left on end of village to Poplar Farm junction	2.905	188.007
left to Ivychurch (end of Ivychurch circuit)	0.566	188.573
IVYCHURCH CIRCUIT (4)		
and onto the next left direction St. Mary in the Marsh.	1.127	189.700
Take right turn prior to St Mary in the Marsh to join St. Mary's Road at 'T' junction where left to Turngates Bridge (Trelor)	3.121	192.821
Follow lane to Newchurch (care on bend).	2.448	195.269
Take first left on end of village to Poplar Farm junction	2.905	198.174
left to Ivychurch (end of Ivychurch circuit)	0.566	198.740
Turn Right (CARE) past Brenzett Air Museum and Left to Brenzett RAB (Little Chef)	1.525	200.265
where circle and retrace along A2070 to top of Ham Street Hill	5.005	205.315
where left to 'T' junction with B2067 (Ham Street Road)	0.111	205.426
Turn Right (CARE) to Sugarloaf Cross Roads	0.808	206.234
FINISHING CIRCUIT		
Continue through Sugarloaf, Bromley Green to Magpie Hall Lane crossroads turn left through Stubbs Cross	3.016	209.250
Turn Left through Shadoxhurst to Coldblow Junction where	3.264	212.514
Turn Left to continue to Sugarloaf cross roads where turn Left to start of finishing circuit	2.853	215.367
Continue end of second circuit	9.133	224.500
Continue end of third circuit	9.133	233.633
Continue end of fourth circuit	9.133	242.766

Course	Inter Dist	Cum Dist
RYE CIRCUIT (2)		
Take 2nd exit on B2080 through Brenzett mini RAB, Snargate, Appledore Station level crossing, over Appledore Bridge Royal Military Canal, and immediately left to	3.967	116.97
junction with the A268 Rye	5.754	122.724
Onto the mini RAB A259	0.145	122.869
Take left on A259 through East Guldeford to Brookland RAB	6.333	129.202
continue straight on to Brenzett RAB (Little Chef)	1.298	130.5
RYE CIRCUIT (3)		
Take 2nd exit on B2080 through Brenzett mini RAB, Snargate, Appledore Station level crossing, over Appledore Bridge Royal Military Canal, and immediately left to	3.967	134.467
junction with the A268 Rye	5.754	140.221
Onto the mini RAB A259	0.145	140.366
Take left on A259 through East Guldeford to Brookland RAB	6.333	146.699
continue straight on to Brenzett RAB (Little Chef)	1.298	147.997
At completion of circuit take 3rd exit onto A2070 and continue to top of Ham Street Hill	5.050	153.047
left to 'T' junction where turn left onto B2067.	0.111	153.158
Continue through Ham Street village (Care) to join A2070 at Johnson's Corner	1.793	154.951
where turn left to Snave Fork (signposted Ivychurch)	1.641	156.592
where left through Poplar Farm 'T' junction to (start of Ivychurch circuit) Ivychurch	1.480	158.072
IVYCHURCH CIRCUIT (1)		
and onto the next left direction St. Mary in the Marsh.	1.127	159.199
Take right turn prior to St Mary in the Marsh to join St. Mary's Road at 'T' junction where left to Turn gates Bridge (Trelor)	3.121	162.32
Follow lane to Newchurch (care on bend).	2.448	164.768
Take first left on end of village to Poplar Farm junction	2.905	167.673
left to Ivychurch (end of Ivychurch circuit)	0.566	168.239
IVYCHURCH CIRCUIT (2)		
and onto the next left direction St. Mary in the Marsh.	1.127	169.366

Where any other vehicle precedes or follows for any length of time, or frequently passes a competitor, that vehicle shall be deemed to be associated with that competitor who shall be liable to disqualification from the event.

Please read this and ensure that your driver understands the restrictions of this regulation.

Support Vehicles on the circuit should take extreme care to avoid obstructing riders as there are sections of the circuit that are very narrow. No individual helpers are to park or operate within 300 yards of any circuit timekeeper.

When you finish make sure your helpers do not obscure the Timekeeper's view or impede other riders. Please note that NO Riders or Vehicles are to stop at the Timekeepers, but they must continue to a safe and convenient stopping point.

Please ensure you are conversant with C.T.T. Regulation 25.

A result board will be at the event H.Q. which will show provisional distances. Do not bother the Timekeepers. Information regarding non finishers will be welcomed.

The K.C.A. wishes all competitors a safe and enjoyable ride.

CUT OUT LEGS

Slower riders will omit where necessary. Helpers should ensure that they ascertain from marshals where their riders are if in any doubt.

The Ivychurch - St Mary's - Newchurch - Ivychurch circuit will close at Ivychurch at 3.30 p.m.

FEEDING ARRANGEMENTS

There will be no feed during the event. Food and drink for unsupported riders will be taken to Brookland round-a-bout, and then moved to Ivychurch during the event. Please make sure that you leave clearly marked containers at the vehicle with the Feeding Sign at the Event HQ.

MARSHALS

Indicate the direction to be followed in a positive manner but Do Not Hold Up The Traffic.

Please wear a marshal's jacket. There will be jackets at the event H.Q. at Bethersden Village Hall. If you borrow a jacket please either hand it to your relief or return it to the hall.

Please return marshal's check sheets to the Event Organizer or the Roving Marshal.

TIMEKEEPERS

Timekeepers should report to Kings Head, Shadoxhurst at 2.30 p.m. to synchronise watches and be allocated Time Keeper stations.

MASSAGE

We are lucky that Jackie has brought her massage table to the 12 Hour for several years and she'll be there again this year. It's a popular feature of the event and we'd like to suggest that you donate a minimum of £5 to her to cover the cost of her oils, etc.

WEB SITE

More details about the course, riders and the event can be found on the K.C.A 12 Hour web site at <http://www.kca12hour.org.uk>. The site also has an extensive archive of K.C.A 12 Hour events. The provisional result will be posted on the web site as soon as it is available.

REFRESHMENTS

Light refreshments will be available at the hall from 5.30p.m. onwards.

EVENT RECORD

The Event Record is held by Steve Berry who rode 276 miles 936 yards, an average speed of 23.044 miles an hour, in 2010.



*STEVE BERRY
2010 KCA 12 Hour*

Course	Inter Dist	Cum Dist
Onto the mini RAB A259	0.145	32.730
Take left on A259 through East Guldeford to Brookland RAB where turn	6.333	39.063
and retrace to East Guldeford where	5.356	44.419
turn left on Camber Road. Follow through Camber (watch pedestrian lights) to Lydd by pass, straight on over small RAB to join B2075 at T junction at north end of town turn Right (CARE), continue on B2075 to	11.484	55.903
Hammonds Corner A259 Junction. Left on A259 to Brenzett RAB (Little Chef)	3.282	59.185
RYE AND CAMBER CIRCUIT (2)		
Take 3rd exit on B2080 through Brenzett mini RAB, Snargate, Appledore Station level crossing, over Appledore Bridge Royal Military Canal, and immediately left to	3.967	63.152
junction with the A268 Rye	5.754	68.906
Onto the mini RAB A259	0.145	69.051
Take left on A259 through East Guldeford to Brookland RAB where turn	6.333	75.384
and retrace to East Guldeford where	5.356	80.740
turn left on Camber Road. Follow through Camber (watch pedestrian lights) to Lydd by pass, straight on over small RAB to join B2075 at T junction at north end of town turn Right (CARE), continue on B2075 to	11.484	92.224
Hammonds Corner A259 Junction. Left on A259 to Brenzett RAB (Little Chef)	3.282	95.506
RYE CIRCUIT (1)		
Take 2nd exit on B2080 through Brenzett mini RAB, Snargate, Appledore Station level crossing, over Appledore Bridge Royal Military Canal, and immediately left to	3.967	99.473
junction with the A268 Rye	5.754	105.227
Onto the mini RAB A259	0.145	105.372
Take left on A259 through East Guldeford to Brookland RAB	6.333	111.705
continue straight on to Brenzett RAB (Little Chef)	1.298	113.003

COURSE Q12 (2011)

Please note that the course has been changed this year. The finishing circuit starts at Sugar Loaf and goes to Magpie Hall Cross Roads where left to Stubbs Cross where left through Shadoxhurst to Coldblow where riders turn left to return to Sugar Loaf cross roads where they turn left to the start of the circuit.

Please also be aware that it may be necessary to amend the course at short notice due to roadworks. An alternative finishing circuit is detailed in the course details. Any very changes to the course will be published on the event's website (www.kca12hour.org.uk)

The KCA committee recommend Riders to carry LED rear lights for use in the wooded areas of the course.

Please take great care when navigating round-a-bouts.

Course	Inter Dist	Cum Dist
Start in Kiln Lane Bethersden at field gate north of the junction with A.28 where left onto A28 .	0.181	0.181
Follow A28 in an easterly direction to Singleton RAB	4.459	4.640
where take first exit. Continue on A28 to (Matalan) Ashford RAB at end of Great Chart By pass – retrace to Singleton RAB. Take 2nd exit to junction with Magpie Hall Lane at New Street Farm,	1.710	6.350
turn left follow through Stubbs Cross to Magpie Hall cross roads	2.395	8.745
turn left onto Ashford Road. Follow to Park Farm RAB	0.909	9.654
to Kingsnorth 2	0.300	9.954
and straight over to Kingsnorth 3 RAB (Outlet centre)	0.674	10.628
circle and retrace to Kingsnorth 2	0.714	11.342
where left to Orbital RAB circle and retrace to Cloverleaf RAB.	1.346	12.688
Take A2070 south over Bridgefield RAB to	1.270	13.958
Continue on A.2070 to Brenzett RAB (Little Chef) junction of A259/A2070/B2080	8.906	22.864
RYE AND CAMBER CIRCUIT (1)		
Take 3rd exit on B2080 through Brenzett mini RAB, Snargate, Appledore Station level crossing, over Appledore Bridge Royal Military Canal, and immediately left to Military Road	3.967	26.831
junction with the A268 Rye	5.754	32.585

AWARDS

K.C.A 12 HOUR CHAMPIONSHIP

Fastest

1st	A J Bathurst Trophy (for one year) Plus Gilt Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

Team

1st Team of Three	The Bray Shield (for one year) Plus Gilt Medals
2nd Team of Three	Silver Plated Medals

Lady

1st	Glad Mills Plaque
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Veteran on Age Standard

1st	Gilt Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

Greatest improvement on distance in last three years

1st	Gilt Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

All finishers, other than prize winners, will receive a K.C.A. Medal.

RIDERS

No	Name	Club		Best Last 3 Years	Start Time
1	Pip Carey	Rye & District Wheelers CC	V60		6.01
2	Jacqui Maxted	Rye & District Wheelers CC	L		6.02
3	Peter Nicol	CC Bexley	V42		6.03
4	Keeley Chalk	Rye & District Wheelers CC	LV43		6.04
5	Granville Bantick	Rye & District Wheelers CC	V78	172.657	6.05
6	Malcolm Strickland	Thornton RC	V57		6.06
7	Rebecca Wilson	Rye & District Wheelers CC	LV47	188.780	6.07
8	Russ Mason	Thornton RC	V63	205.759	6.08
9	Stephen Binger	Rye & District Wheelers CC	V68		6.09
10	Stephen Bishop	Wigmore CC	V44	194.951	6.10
11	Jari Lyden	Thornton RC	V58	161.463	6.11
12	David Bellinger	Medway Velo			6.12
13	Jim Hollands	Rye & District Wheelers CC	V73	195.488	6.13
14	Amber King	Rye & District Wheelers CC	LV43	180.407	6.14
15	Peter Holland	Lincoln Wheelers	TV65	201.910	6.15
16	Julie Bryant	Rye & District Wheelers CC	LV51		6.16
17	Albert Lainson	Thornton RC	V79	156.700	6.17
18	Peter Hooper	Bayeux Landscapes			6.18
19	Emma Cutler	Rye & District Wheelers CC	LV41	206.138	6.19
20	Alec Mayes	Ashford Wheelers CC	V67	208.084	6.20
21	Chirs Lovibond	Hounslow & District Wheelers	V67	183.612	6.21
22	Stephen Ratcliffe	Thornton RC		168.559	6.22
23	Hazel Fulker	Rye & District Wheelers CC	LV42		6.23
24	Simon Rounding	VC Elan			6.24
25	Mark Amon	Rye & District Wheelers CC	V47	233.303	6.25
26	John Harrison	Hitchin Nomads	V58	175.200	6.26
27	Neil Wood	Tri Spirit Team			6.27
28	Graham Ward	Sydenham Wheelers CC	V49		6.28
29	Gary Blunt	OPCC	V48		6.29
30	Nick Wilson	Rye & District Wheelers CC	V49		6.30
31	Lawrence Wintergold	Hounslow & District Wheelers	V47		6.31
32	Trevor Hall	Thornton RC	V51	195.645	6.32
33	Bob Watts	San Fairy Ann CC	V55	204.219	6.33
34	Sally Smith	Medway Velo	L	196.617	6.34
35	John Glaysher	a3crg			6.35

RIDERS

No	Name	Club		Best Last 3 Years	Start Time
36	Peter Hayes	Catford CC	V67	200.276	6.36
37	Don Houghton	Thornton RC	V42		6.37
38	Steve Trudgill	West Kent RC			6.38
39	Jamie Saunders	7 Oaks Tri			6.39
40	Steve Gooch	Rye & District Wheelers CC	V46		6.40
41	Matt Coombs	Lewes Wanderers CC	V41		6.41
42	John Bosley	Abello-SFA Racing Team	V50		6.42
43	Alan Lloyd	Lewes Wanderers CC	V60	215.490	6.43
44	Dean Chiddention	Abello-SFA Racing Team			6.44
45	Martin Brown	7 Oaks Tri	V51	236.462	6.45
46	Gurpal Panesar	Maidenhead & District CC	V52		6.46
47	Michael Turner	Lewes Wanderers CC	V44		6.47
48	Bruce Dunbar	Redhill CC	V47		6.48
49	John Laker	Thornton RC	V52	202.922	6.49
50	Tom Glandfield	Lewes Wanderers CC		257.360	6.50
51	Michael Pumphrey	Thornton RC	V52	246.966	6.51
52	Mohammad Leghari	Addiscombe CC			6.52
53	Mark Gidney	De Laune CC	V50		6.53
54	Raymond Firth	Ashford Wheelers CC	V58		6.54
55	Andy Payne	GS Stella	V48	241.670	6.55
56	Dave Spice	Tri Spirit Team	V61		6.56
57	Peter Morris	Lewes Wanderers CC			6.57
58	Adrian Blacker	Norwood Paragon CC	V48		6.58
59	Rick Perkins	Thanet RC	V45		6.59
60	Andy Miles	VC Elan	V43	267.302	7.0
61	Carl Chapman	GS Invicta	V41		7.01
62	Lee Buckman	Ashford Wheelers CC			7.02
63	Geoff Smith	Eastbourne Rovers CC	V62	227.064	7.03
64	Robert Wheeler	Thornton RC	V50	220.353	7.04
65	Ishmael Burdeau	GS Gazzetta	V44		7.05
66	Shay Giles	VC Elan	V67	251.328	7.06
67	Tony Holman	Rye & District Wheelers CC	V50		7.07

Sponsored Clubs: Ashford Wheelers C.C. - Chaverey; GS Invicta - Eye Level Optical/Herberts Cycles; VC Elan - Harry Perry Cycles